

4-Feb-17 **FULL-POWER: 2017 SD State APF/AAPF Powerlifting Championships-Lb Results**

Name	Age	Div	BWt (Lb)	WtCis (Lb)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coef Score	Age & Coeff	PI-Div-WtCI	
Melissa Haberstroh	37	F-OAAR	147.5	148	0.90595	231.483	242.506	253.529	242.506	137.7875	-143.299	-143.299	137.7875	380.2935	347.2245	358.2475	-369.271	358.2475	738.541	303.49325	303.49325	1-F-OAAR-148	Best Lifter - Female AAPF Raw
Lorin Naasz	24	F-OAAR	179	181	0.7943	259.0405	286.598	303.1325	303.1325	154.322	165.345	176.368	176.368	479.5005	314.1555	336.2015	358.2475	358.2475	837.748	301.834	301.834	1-F-OAAR-181	
Roxanne Lewis	48	F-OCR	131	132	0.9956	170.8565	181.8795	-187.391	181.8795	104.7185	-115.742	-115.742	104.7185	286.598	231.483	253.529	-270.064	253.529	540.127	243.922	267.58243	1-F-OCR-132	
Briana Hauck	20	F-OCR	176	181	0.80305	275.575	303.1325	341.713	341.713	115.7415	132.276	-143.299	132.276	473.989	303.1325	336.2015	341.713	341.713	815.702	297.1285	297.1285	1-F-OCR-181	Best Lifter - Female APF Classic Raw
Deb Dixon	44	F-OR	122	123	1.0545	132.276	154.322	-165.345	154.322	71.6495	-82.6725	-82.6725	82.6725	236.9945	181.8795	203.9255	-220.46	203.9255	440.92	210.9	219.9687	1-F-OR-123	
Samantha Williams	21	F-OR	130.5	132	0.99835	165.345	203.9255	242.506	242.506	82.6725	110.23	-137.788	110.23	352.736	-220.46	253.529	275.575	275.575	628.311	284.52975	284.52975	1-F-OR-132	
Kala Espinoza	32	F-OR	131	132	0.9956	209.437	220.46	-231.483	220.46	121.253	126.7645	-132.276	126.7645	347.2245	270.0635	-303.133	-303.133	270.0635	617.288	278.768	278.768	2-F-OR-132	
Stacy Hayford	34	F-OR	145	148	0.9178	214.9485	231.483	-248.018	231.483	132.276	143.299	-154.322	143.299	374.782	231.483	253.529	281.0865	281.0865	655.8685	273.0455	273.0455	1-F-OR-148	
Melissa Cuff	28	F-OR	143.5	148	0.9255	165.345	181.8795	203.9255	203.9255	-115.742	115.7415	-143.299	115.7415	319.667	264.552	286.598	303.1325	303.1325	622.7995	261.45375	261.45375	2-F-OR-148	
Kerri Niehaus	29	F-OR	145.5	148	0.9156	203.9255	-225.972	-236.995	203.9255	93.6955	99.207	-104.719	99.207	303.1325	242.506	270.0635	-303.133	270.0635	573.196	238.056	238.056	3-F-OR-148	
Ashley Morel	25	F-OR	162.5	165	0.84605	220.46	242.506	259.0405	259.0405	148.8105	170.8565	181.8795	181.8795	440.92	275.575	308.644	319.667	319.667	760.587	291.88725	291.88725	1-F-OR-165	
Alexis Williams	24	F-OR	189.5	198	0.7671	308.644	314.1555	325.1785	325.1785	187.391	198.414	-214.949	198.414	523.5925	319.667	352.736	380.2935	380.2935	903.886	314.511	314.511	1-F-OR-198	Best Lifter - Female APF Raw
Elizabeth Nelson	39	F-OR	185	198	0.77855	165.345	176.368	187.391	187.391	-121.253	121.253	126.7645	126.7645	314.1555	203.9255	220.46	242.506	242.506	556.6615	196.58387	196.58387	2-F-OR-198	
Yvette McKee	41	F-OR	219.5	SHW	0.71675	187.391	203.9255	231.483	231.483	137.7875	154.322	-170.857	154.322	385.805	242.506	253.529	270.0635	270.0635	655.8685	213.2312	213.2312	1-F-OR-SHW	
Amanda Culverhouse	27	F-OR	220.5	SHW	0.71565	115.7415	126.7645	143.299	143.299	93.6955	104.7185	-110.23	104.7185	248.0175	187.391	225.9715	253.529	253.529	501.5465	162.81037	162.81037	2-F-OR-SHW	
Brad Olson	37	M-OAAcR	181	181	0.64665	385.805	407.851	429.897	429.897	231.483	253.529	-270.064	253.529	683.426	418.874	446.4315	-473.989	446.4315	1129.8575	331.40812	331.40812	1-M-OAAcR-181	
Tom Tieszen	27	M-OAAcR	194	198	0.6197	512.5695	-534.616	-534.616	512.5695	341.713	358.2475	369.2705	369.2705	669.2705	881.84	551.15	-584.219	584.219	1466.059	412.1005	412.1005	1-M-OAAcR-198	
Larry Schuck	39	M-OAAcR	214	220	0.58885	501.5465	534.6155	573.196	573.196	336.2015	369.2705	380.2935	380.2935	953.4895	501.5465	-551.15	-551.15	501.5465	1455.036	388.641	388.641	1-M-OAAcR-220	
Nick Tadlock	26	M-OAAcR	216	220	0.58635	462.966	483.012	501.5465	501.5465	286.598	308.644	314.1555	314.1555	815.702	485.012	534.6155	0	534.6155	1350.3175	359.13937	359.13937	2-M-OAAcR-220	
Chase Harmon	19	M-OAAcR	219	220	0.58305	385.805	407.851	424.3855	424.3855	253.529	270.0635	-292.11	270.0635	694.449	407.851	429.897	451.943	451.943	1146.392	303.186	303.186	3-M-OAAcR-220	
Jerry Adkins	42	M-OAAcR	241	242	0.5635	457.4545	-501.547	-501.547	501.5465	248.0175	275.575	-281.087	275.575	777.1215	457.4545	501.5465	-512.57	501.5465	1278.668	326.83	333.3666	1-M-OAAcR-242	
Andrew Bressler	20	M-OAAcR	258	275	0.55405	490.5235	-501.547	-501.547	490.5235	325.1785	336.2015	347.2245	347.2245	837.748	545.6385	578.7075	-600.754	578.7075	1416.4555	355.9712	355.9712	2-M-OAAcR-275	
Brady Steiner-aapf	16	M-OAAcR	256	275	0.555	518.081	556.6615	-584.219	556.6615	253.529	281.0865	319.667	281.0865	837.748	523.5925	556.6615	573.196	573.196	1410.944	355.2	355.2	1-M-OAAcR-275	
Lucas Benfield	33	M-OAAcR	323.5	SHW	0.5256	-672.403	672.403	0	672.403	-407.851	407.851	-418.874	407.851	1080.254	683.426	710.9835	-733.03	710.9835	1791.2375	427.05	427.05	1-M-OAAcR-SHW	Best Lifter - Male AAPF Classic Raw
James Leonhardt	38	M-OAAeq	163.5	165	0.694	407.851	424.3855	451.943	451.943	319.667	330.69	-352.736	330.69	782.633	424.3855	457.4545	473.989	473.989	1256.622	395.58	395.58	1-M-OAAeq-165	
Shane Graveman	40	M-OAAeq	181	181	0.64665	451.943	-485.012	-485.012	451.943	303.1325	314.1555	-325.179	314.1555	766.9885	451.943	473.989	-507.058	473.989	1240.0875	363.74062	363.74062	1-M-OAAeq-181	
Larry Robinson	63	M-OAAeq	214	220	0.58885	341.713	374.782	391.3165	391.3165	264.552	275.575	-281.087	275.575	666.8915	424.3855	468.4775	-473.989	468.4775	1135.369	303.25775	303.25775	1-M-OAAeq-220	
Justin Frank	41	M-OAAeq	234.5	242	0.5681	-710.984	710.9835	-760.587	710.9835	534.6155	551.15	-567.6845	567.6845	1278.668	551.15	-573.196	-600.754	551.15	1829.818	471.523	476.23823	1-M-OAAeq-242	Best Lifter - Male AAPF Equipped
Travis Anderson	34	M-OAAR	227	242	0.5746	385.805	402.3395	-424.386	402.3395	281.0865	-303.133	-308.644	281.0865	683.426	446.4315	473.989	-485.012	473.989	1157.415	301.665	301.665	1-M-OAAR-242	
Cole Johnson	20	M-OAAR	303.5	308	0.53305	-462.966	473.989	501.5465	501.5465	264.552	270.0635	0	270.0635	771.61	-473.989	501.5465	-551.15	501.5465	1273.1565	307.83637	307.83637	1-M-OAAR-308	Best Lifter - Male AAPF Raw
Adam Scherr	23	M-OCR	176	181	0.65895	336.2015	363.759	-385.805	363.759	220.46	236.9945	248.0175	248.0175	611.7765	402.3395	418.874	-440.92	418.874	1030.6505	308.05912	308.05912	1-M-OCR-181	
Matt Coughlin	41	M-OCR	211.5	220	0.59375	551.15	584.219	622.7995	622.7995	308.644	325.1785	352.736	352.736	975.5355	584.219	628.311	650.357	650.357	1625.8925	437.89062	442.26953	1-M-OCR-220	
Luke Uribe	36	M-OCR	266	275	0.55025	677.9145	-722.007	-722.007	677.9145	473.989	501.5465	512.5695	512.5695	1234.576	600.7535	666.8915	-694.449	666.8915	1901.4675	474.59062	474.59062	1-M-OCR-275	Best Lifter fu
Jacob Thompson	36	M-OCR	272.5	275	0.5471	-584.219	584.219	606.265	606.265	253.529	275.575	292.1095	292.1095	898.3745	584.219	606.265	-655.869	606.265	1504.6395	373.39575	373.39575	2-M-OCR-275	
Phillip Schmidt	27	M-OCR	275	275	0.54575	501.5465	551.15	-600.754	551.15	325.1785	347.2245	363.759	363.759	914.909	314.1555	446.4315	529.104	529.104	1444.013	357.46625	357.46625	3-M-OCR-275	
Brady Steiner-apf	16	M-OCR	256	275	0.555	518.081	556.6615	-584.219	556.6615	253.529	281.0865	-319.667	281.0865	837.748	523.5925	556.6615	573.196	573.196	1410.944	355.2	355.2	4-M-OCR-275	
Tanner Baird	30	M-OCR	286	308	0.5406	529.104	551.15	584.219	584.219	303.1325	0	0	303.1325	887.3515	606.265	633.8225	650.357	650.357	1537.7085	377.0685	377.0685	1-M-OCR-308	
Jaas Daake	22	M-Oeq	193.5	198	0.6205	562.173	600.7535	-622.8	600.7535	347.2245	-369.271	369.2705	369.2705	970.024	468.4775	485.012	-501.547	485.012	1455.036	409.53	409.53	1-M-Oeq-198	
Zach Brown	30	M-Oeq	239	242	0.56485	683.426	-705.472	-705.472	683.426	485.012	-523.593	-523.593	485.012	1168.438	584.219	600.7535	-606.265	600.7535	1769.1915	453.29212	453.29212	1-M-Oeq-242	Best Lifter - Male APF Equipped
Todd World Turner	31	M-OR	165	165	0.6899	248.0175	281.0865	303.1325	303.1325	192.9025	231.483	242.506	242.506	545.6385	369.2705	385.805	-424.386	385.805	931.4435	291.48275	291.48275	1-M-OR-165	
Jason Dvorak	33	M-OR	179.5	181																			